

RESILIENCY FLORIDA

October Resiliency Toolkit

Each month, Resiliency Florida features one of the 11 key Resiliency Characteristics as the Characteristic of the Month. This month, Resiliency Florida is spotlighting **honesty**.

In this toolkit, parents, teachers and school leaders will find a variety of resources to support starting the conversation about **honesty**, not only in school, but at home.

To learn about the other key Resiliency Characteristics, visit BuildResiliency.org.

OCTOBER CHARACTERISTIC OF THE MONTH

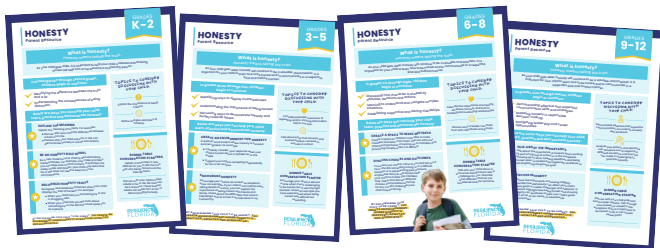


Honesty Telling the truth.

MATERIALS

PARENT RESOURCES

The Parent Resources are designed for parents and children to have conversations about resiliency at home. Download the Parent Resources for this month's characteristic, **honesty**, by clicking the correct grade band below.



GRADES K-2

GRADES 3-5

GRADES 6-8

GRADES 9-12

TEACHER RESOURCES

Resiliency Florida's 44 new teacher resources, designed to help teach Florida's 11 Resiliency Characteristics are live! These resources are free to download, aligned with the Resiliency Education Standards and include supplemental materials.

GRADES K-2

GRADES 3-5

GRADES 6-8

GRADES 9-12



OCTOBER CLASSROOM POSTER



Resiliency Florida provides teachers with a printable poster for September's Characteristic of the Month, **honesty**, which can be displayed in classrooms and media centers.

POSTER

SAMPLE NEWSLETTER POSTS

School and district leaders can use the visuals and copy below to spread the word about resiliency and the Resiliency Florida Characteristic of the Month.

SUGGESTED POST TEXT

The Resiliency Reading List features books that help start the conversation with your children about the Resiliency Characteristics.

This month, our book spotlight is on *"I Have a Dream"* by Martin Luther King, Jr. This passage highlights the importance of **honesty**, the Resiliency Florida Characteristic of the Month!



GRAPHIC

SUGGESTED POST TEXT

As your child gets older, **honesty** will continue to be a valuable characteristic. It is important for your child to learn how to be honest and to communicate in a respectful, kind and truthful manner.

Visit BuildResiliency.org to find a variety of resources that support parents, grandparents, teachers and community leaders in teaching children about **honesty** and other Resiliency Characteristics.



GRAPHIC

BuildResiliency.org

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FAMILY RESILIENCY READING GUIDES

The Family Resiliency Reading Guides are resources to continue discussions at home about the books located on the Resiliency Reading List. Each Family Resiliency Reading Guide contains a summary of the book, literacy tips, and conversation starters about resiliency. Use the following reading guides to start a conversation about **honesty** with your student after reading *"I Have a Dream"* by Martin Luther King, Jr.



"I Have a Dream"
by Martin Luther King, Jr.

READING GUIDE

SOCIAL MEDIA POSTS

Download the graphics below to share on social media and help spread the word about the Resiliency Florida Characteristic of the Month.

SUGGESTED POST TEXT

Support students by becoming a Resiliency Coach, empowering them to be resilient by modeling the 11 Resiliency Characteristics, like **honesty**.

Visit BuildResiliency.org to sign up. #BuildResiliency



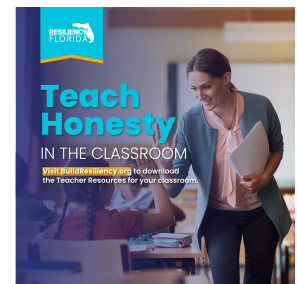
GRAPHIC

SUGGESTED POST TEXT

Honesty means telling the truth.

Help students analyze the impact of spreading false information by talking through a scenario where dishonesty put someone at risk.

Learn more at BuildResiliency.org today. #BuildResiliency



GRAPHIC

SUGGESTED POST TEXT

Volunteer as a Resiliency Coach at your school today! Make a positive and lasting impact on the lives of students and your community.

Sign up today at BuildResiliency.org! #BuildResiliency



GRAPHIC

SUGGESTED POST TEXT

Hey teachers! 🙌

Help children understand the value of **honesty** by modeling communication in a respectful, kind and truthful manner in your classroom.

Start the conversation about honesty with the new Resiliency Florida Teacher Resources at BuildResiliency.org. #BuildResiliency



GRAPHIC

SUGGESTED POST TEXT

By talking about **honesty** at home, you are creating an environment where it is practiced, expected and appreciated.

Learn more at BuildResiliency.org. #BuildResiliency



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SUBSCRIBE TO THE NEWSLETTER

Parents, teachers and community leaders can subscribe to the Resiliency Florida newsletter via the button below. Each month, the newsletter is filled with a variety of resources to support the Resiliency Florida Characteristic of the Month.

SUBSCRIBE



BuildResiliency.org