



Family Resiliency Reading Guide **WHO WAS AMELIA EARHART?**

BY KATE B. JEROME

After reading *Who Was Amelia Earhart?* with your child, use this reading guide to continue the conversation around resiliency at home. In this guide, you will find a description of how this book relates to resiliency characteristics, literacy tips and sample conversation starters for you and your child.

SYNOPSIS

Who Was Amelia Earhart? provides an overview of Amelia Earhart's pioneering spirit and remarkable achievements. Amelia made history as a woman excelling in the field of aviation. This story highlights Amelia Earhart's accomplishments, including her solo trip across the Atlantic Ocean.

LESSONS IN RESILIENCY

- ▶ Amelia Earhart had the ambitious goal of becoming a pilot, and while she faced many challenges, she was able to **problem solve** to reach her dreams. She used her resourcefulness and determination to gain the necessary skills to become an accomplished pilot.
- ▶ Amelia Earhart dealt with obstacles, such as inclement weather and mechanical issues, when she was on long flights. She had to **think critically** and **problem solve** under pressure. Amelia knew that the whole world was watching her and the achievements she set out to make. She continued to work hard even when it seemed that many did not believe she could succeed.

RESILIENCY CHARACTERISTICS



Critical Thinking and Problem Solving

Gathering information to think through and determine the best solution.

RESILIENCY CONVERSATION STARTERS:



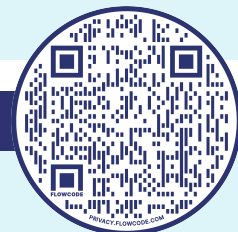
Amelia Earhart's flights required her to **think critically** while gathering information to determine her flight plan and navigate her flight path. Talk with your child about ways to **think critically** and make plans to reach his or her goals.



Maintaining a courageous attitude and the ability to **problem solve** were important skills that Amelia Earhart exhibited when she encountered challenges in her life. Ask your child to share an example of identifying a problem and coming up with a solution.

LITERACY TIP

Vocabulary is an essential component to becoming a successful reader. You can help your child build vocabulary by encouraging him or her to look for the new words he or she is learning in school or at home in books, articles, newspapers and television shows. Another fun activity you can do to support your child's vocabulary development is to have a contest to rank related words by their different degrees of meaning (for example, the words chilly, freeze, cold, cool and frigid), and then explain the reasons for the ways the words were sorted.



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