

# HONESTY

## Parent Resource

GRADES  
**3-5**

### What is honesty?

Honesty means telling the truth.

As your child gets older, honesty will continue to be a valuable characteristic. It is important for your child to learn how to be honest and to communicate in a respectful, kind and truthful manner.

In grades three through five, children  
begin or continue:

- ✓ Identifying ways to display trustworthiness.
- ✓ Understanding the importance of being honest.
- ✓ Discussing ways to demonstrate honesty and loyalty toward others.

Below are ways you can help your child  
learn, practice and demonstrate honesty:

#### CREATE AN ENVIRONMENT FOR HONESTY

Create an environment where honesty is honored and recognized. For example:

- Carefully consider your response when your child is honest about a mistake he or she made.
- Support your child in accepting responsibility for his or her actions.

#### ENCOURAGE HONESTY

Encourage your child to be honest as situations arise. For example, if your child is not truthful when telling details of a story, you can explain the importance of being honest with friends and family. Share about the difficulties that arise in friendships and at school if an individual is not trustworthy.

#### SKILLS TO CONSIDER PRACTICING WITH YOUR CHILD



Considering potential outcomes of repeating and/or sharing information that is not true.



Talking about ways that honesty and trustworthiness can lead to success in school.



#### DINNER TABLE CONVERSATION STARTER

Encourage your child to discuss a time when it was challenging to be honest, but it was the right decision. Share an example you have experienced where being honest was difficult but rewarding.

BY ENCOURAGING YOUR CHILD TO BE HONEST, YOU CREATE AN  
ENVIRONMENT WHERE HONESTY IS PRACTICED, EXPECTED  
AND APPRECIATED.

