



RESILIENCY READING LIST

The Florida Department of Education is encouraging students to escape into a good book, where they can meet role models, find hope, witness grit and build their own personal strength. Below you'll find a list of books that can help increase resilience among students, from pre-kindergarten through grade twelve.

PRE-KINDERGARTEN

Chester the Brave BY AUDREY PENN

↳ Self-Awareness & Self-Management

The Little Engine That Could BY WATTY PIPER

↳ Perseverance

Making Friends BY FRED ROGERS

↳ Responsibility

You Can Do It, Sam BY AMY HEST

↳ Gratitude

GRADES K-2

I Am Ruby Bridges BY RUBY BRIDGES

↳ Self-Awareness & Self-Management

The Koala Who Could BY RACHEL BRIGHT

↳ Empathy

The Little Butterfly That Could BY ROSS BURACH

↳ Grit

When A Kid Like Me Fights Cancer BY CATHERINE STIER

↳ Resilience

GRADES 3-5

"The Road Not Taken" BY ROBERT FROST

↳ Grit

Rosa Parks BY ELOISE GREENFIELD

↳ Mentorship

When the Beat Was Born: DJ Kool Herc and the Creation of Hip Hop BY LABAN CARRICK HILL

↳ Responsible Decision-Making

Who Was Amelia Earhart? BY KATE BOEHM JEROME

↳ Critical Thinking & Problem Solving

GRADES 6-8

"Citizenship and Leadership" from *The Moral Compass: Stories for a Life's Journey* BY WILLIAM J. BENNETT

↳ Citizenship

The Hiding Place BY CORRIE TEN BOOM

↳ Critical Thinking & Problem Solving

Narrative of the Life of Frederick Douglass BY FREDERICK DOUGLASS

↳ Perseverance

The Twenty-One Balloons BY WILLIAM PÉNE DU BOIS

↳ Grit

GRADES 9-12

"I Have a Dream" BY MARTIN LUTHER KING, JR.

↳ Honesty

A Lantern in Her Hand BY BESS STREETER ALDRICH

↳ Perseverance, Grit, Empathy

The Story of My Life BY HELEN KELLER

↳ Resilience, Mentorship

Unbroken: An Olympian's Journey from Airman to Castaway to Captive BY LAURA HILLENBRAND

↳ Resilience