RESILIENCY FLORIDA

November Resiliency Toolkit

Each month, Resiliency Florida features one of the 11 key Resiliency Characteristics as the Characteristic of the Month. This month, Resiliency Florida is spotlighting gratitude.

In this toolkit, parents, teachers and school leaders will find a variety of resources to support starting the conversation about gratitude—not only in school, but at home.

To learn about the other key Resiliency Characteristics, visit BuildResiliency.org.

NOVEMBER CHARACTERISTIC OF THE MONTH

Gratitude Being thankful and sharing appreciation with others.

MATERIALS

RESILIENCY EDUCATOR ENDORSEMENT

NEW

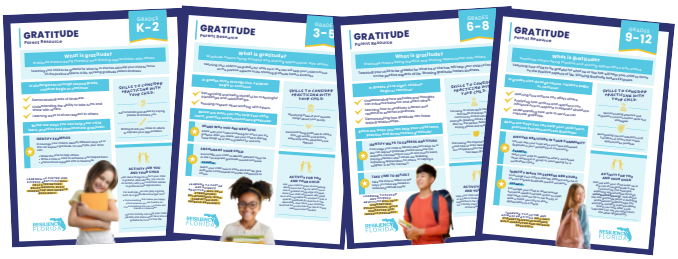
We are excited to announce a first-in-the-nation Resiliency Educator Endorsement training, a new professional learning opportunity designed to equip educators with the knowledge, resources and approaches to build resiliency in Florida's students.



SIGN UP TODAY!

PARENT RESOURCES

The Resiliency Florida Parent Resources are designed for parents and children to have conversations about resiliency at home. Download the parent resources for this month's characteristic, gratitude, by clicking one of the resources below.



GRADES K-2 | GRADES 3-5 | GRADES 6-8 | GRADES 9-12

NOVEMBER CLASSROOM POSTER



Resiliency Florida provides teachers with a printable poster for November's Characteristic of the Month, gratitude, which can be displayed in classrooms and media centers.

POSTER

SAMPLE NEWSLETTER POSTS

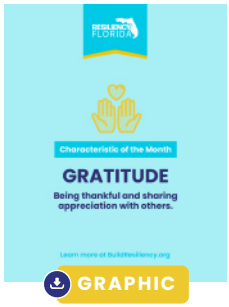
School and district leaders can copy the visuals below to spread the word about resiliency and the Resiliency Florida Characteristic of the Month.

SUGGESTED POST TEXT

Gratitude helps students strengthen their relationships, and build resiliency and character.

Guide the conversation about gratitude with your children by using resources from BuildResiliency.org.

#BuildResiliency



GRAPHIC

SUGGESTED POST TEXT

November's spotlight book is *You Can Do It, Sam* by Amy Hest. In this book, Sam puts gratitude into practice by showing kindness, helping around the house and sharing with his neighbors.

Download the Family Resiliency Reading Guide for *You Can Do It, Sam* at BuildResiliency.org.

#BuildResiliency



GRAPHIC

RESILIENCY FLORIDA

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FAMILY RESILIENCY READING GUIDES

The Family Resiliency Reading Guides are resources to continue discussions at home about the books located on the Resiliency Reading List. Each Family Resiliency Reading Guide contains a summary of the book, literacy tips and conversation starters about resiliency. Use the following reading guide to start a conversation about gratitude with your child after reading ***You Can Do It, Sam*** by Amy Hest.



You Can Do It, Sam
by Amy Hest

READING GUIDE

GRADES **PRE-K**

SOCIAL MEDIA POSTS

Download the graphics below to share on social media and help spread the word about the Resiliency Florida Characteristic of the Month.

SUGGESTED POST TEXT

Ready to help students build resiliency in the classroom?

Visit BuildResiliency.org to find fun, easy ways to bring the Resiliency Characteristics into every lesson.

#BuildResiliency

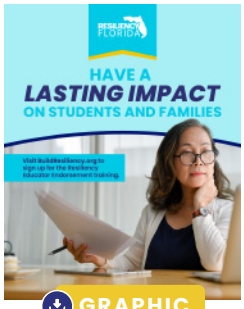


GRAPHIC

SUGGESTED POST TEXT

Be a part of making a lasting impact on your students and their families. Take the Resiliency Educator Endorsement training and be a part of building the next generation of resilient students.

Learn more and sign up today at BuildResiliency.org.



GRAPHIC

SUGGESTED POST TEXT

The Resiliency Florida Teacher Resources make building resiliency easy and accessible for all.

Find our 44 free teacher resources and more at BuildResiliency.org.

#BuildResiliency



GRAPHIC

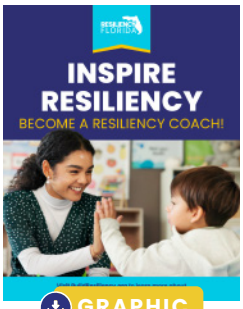
SUGGESTED POST TEXT

Become a part of helping students across Florida build resiliency.

As a trusted volunteer trained to support students in building resiliency, Resiliency Coaches can help increase a child's academic achievement and ability to overcome challenges.

All it takes is a few easy steps. Learn more at BuildResiliency.org.

#BuildResiliency



GRAPHIC

SUGGESTED POST TEXT

From parents to teachers to coaches, no matter who you are, you can make an impact on a student's life.

Become a Resiliency Coach and help Florida students develop Resiliency Characteristics to grow academically and overcome challenges.

Learn more at BuildResiliency.org.

#BuildResiliency



GRAPHIC