

RESILIENCY FLORIDA

May Resiliency Toolkit

Each month, Resiliency Florida features one of the 11 key Resiliency Characteristics as the Characteristic of the Month. This month, Resiliency Florida is spotlighting **responsible decision-making**.

In this toolkit, parents, teachers and school leaders will find a variety of resources to support starting the conversation about **responsible decision-making**, not only in school, but at home.

To learn about the other key Resiliency Characteristics, visit BuildResiliency.org.

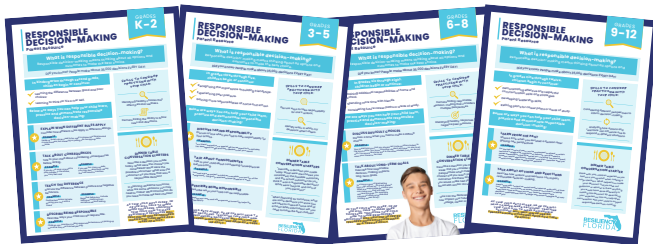
MAY CHARACTERISTIC OF THE MONTH

 **Responsible Decision-Making** Thinking about all options and outcomes to make the best choice.

MATERIALS

PARENT RESOURCES

The Resiliency Florida Parent Resources are designed for parents and children to have conversations about resiliency at home. Download the parent resources for this month's characteristic, **responsible decision-making**, by clicking the correct grade level below.



 GRADES K-2

GRADES 3-5 

 GRADES 6-8

GRADES 9-12 

TEACHER RESOURCES

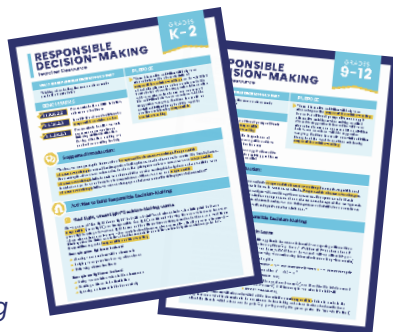
The Resiliency Florida Teacher Resources are designed to support Resiliency Education Standards in the classroom. Explore these resources and other supplemental materials by visiting BuildResiliency.org.

 GRADES K-2

 GRADES 3-5

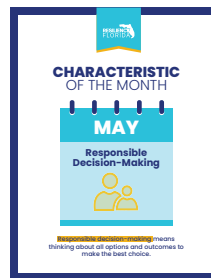
 GRADES 6-8

 GRADES 9-12



BuildResiliency.org

MAY CLASSROOM POSTER



Resiliency Florida provides teachers with a printable poster for May's Characteristic of the Month, **responsible decision-making**, which can be displayed in classrooms and media centers.

 **POSTER**

SAMPLE NEWSLETTER POSTS

School and district leaders can use the visuals and copy below to spread the word about resiliency and the Resiliency Florida Characteristic of the Month.

SUGGESTED POST TEXT

The Family Resiliency Reading Guides offer literacy tips, lessons in resiliency and conversation starters for books on the Resiliency Reading List.

This month, download the Reading Guide for *When the Beat Was Born: DJ Kool Herc and the Creation of Hip Hop* by Laban Carrick Hill.

After reading, identify an activity to do with your child involving movement, music and making responsible choices.

Download the guide at BuildResiliency.org.



 **GRAPHIC**

SUGGESTED POST TEXT

The Resiliency Florida Characteristic of the Month is **responsible decision-making**.

Responsible decision-making means thinking about all options and outcomes to make the best choice.

Explore the parent and teacher resources for **responsible decision-making** at BuildResiliency.org.



 **GRAPHIC**

#BuildResiliency

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FAMILY READING GUIDES

The Family Resiliency Reading Guides are resources to continue discussions at home about the books located on the Resiliency Reading List. Each Family Resiliency Reading Guide contains a summary of the book, literacy tips and conversation starters about resiliency. Use the following reading guides to start a conversation about **responsible decision-making** with your student after reading *When the Beat Was Born: DJ Kool Herc and the Creation of Hip-Hop* by Laban Carrick Hill.



When the Beat Was Born: DJ Kool Herc and the Creation of Hip-Hop
by Laban Carrick Hill

READING GUIDE

SOCIAL MEDIA POSTS

Download the graphics below to share on social media and help spread the word about the Resiliency Florida Characteristic of the Month.

SUGGESTED POST TEXT

It only takes one person to change the trajectory of a student's life. That person could be you.

Make an impact by becoming a Resiliency Coach at BuildResiliency.org.

#BuildResiliency

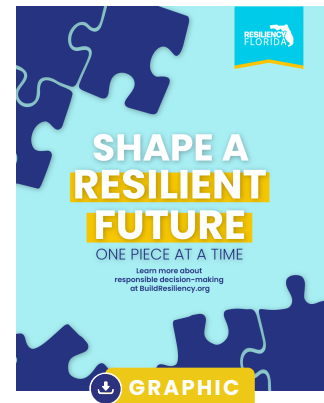


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SUGGESTED POST TEXT

Every choice is a chance to grow. It is important that students learn how each decision can shape his or her future.

#BuildResiliency

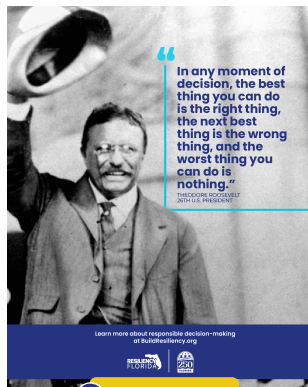


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SUGGESTED POST TEXT

As we celebrate America's 250th Anniversary, we reflect on one of our most influential leaders, Theodore Roosevelt, and his legacy of **responsible decision-making**.

To help start conversations about **responsible decision-making** visit BuildResiliency.org.

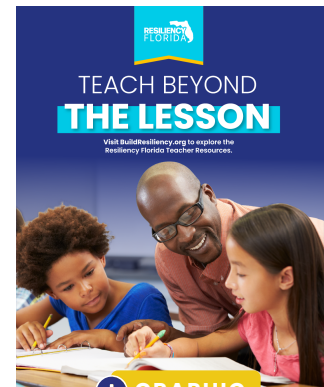


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SUGGESTED POST TEXT

Building resiliency helps students to be successful today and in the future.

Help your student discover his or her inner strengths with the Resiliency Florida Teacher Resources available at BuildResiliency.org.



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