

RESILIENCY FLORIDA

October Resiliency Toolkit

Each month, Resiliency Florida features one of the 11 key Resiliency Characteristics as the Characteristic of the Month. This month, Resiliency Florida is spotlighting **honesty**.

In this toolkit, parents, teachers and school leaders will find a variety of resources to support starting the conversation about **honesty**—not only in school, but at home.

To learn about the other key Resiliency Characteristics, visit BuildResiliency.org.

OCTOBER CHARACTERISTIC OF THE MONTH



Honesty Telling the truth.

MATERIALS

RESILIENCY EDUCATOR ENDORSEMENT

★ NEW

We are excited to announce a first-in-the-nation Resiliency Educator Endorsement training, a new professional learning opportunity designed to equip educators with the knowledge, resources and approaches to build resiliency in Florida's students.



SIGN UP TODAY!

OCTOBER CLASSROOM POSTER



Resiliency Florida provides teachers with a printable poster for October's Characteristic of the Month, **honesty**, which can be displayed in classrooms and media centers.

POSTER

SAMPLE NEWSLETTER POSTS

School and district leaders can copy the visuals below to spread the word about resiliency and the Resiliency Florida Characteristic of the Month.

SUGGESTED POST TEXT

The Resiliency Florida Characteristic of the Month is **honesty**.

As your child gets older, it is important to help your child understand that being **honest** will help him or her become a trustworthy person.

Learn how to start the conversation about **honesty** at BuildResiliency.org.



GRAPHIC

SUGGESTED POST TEXT

October's featured reading is Dr. Martin Luther King, Jr.'s "I Have a Dream" speech.

Dr. King shared an **honest**, hopeful vision for America: a future built on opportunity for everyone.

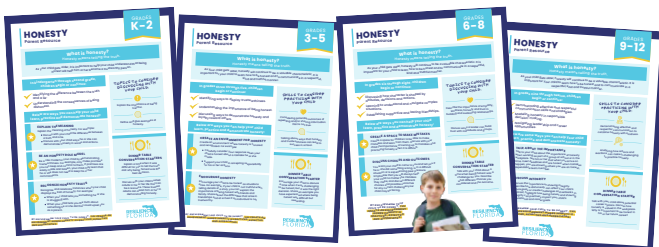
Explore the Family Resiliency Reading Guide at BuildResiliency.org!



GRAPHIC

PARENT RESOURCES

The Resiliency Florida Parent Resources are designed for parents and children to have conversations about resiliency at home. Download the parent resources for this month's characteristic, **honesty**, by clicking one of the resources below.



GRADES K-2

GRADES 3-5

GRADES 6-8

GRADES 9-12

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FAMILY RESILIENCY READING GUIDES

The Family Resiliency Reading Guides are resources to continue discussions at home about the books located on the Resiliency Reading List. Each Family Resiliency Reading Guide contains a summary of the book, literacy tips and conversation starters about resiliency. Use the following reading guides to start a conversation about **honesty** with your student after reading *"I Have a Dream"* by Martin Luther King, Jr.



"I Have a Dream"
by Martin Luther King, Jr.

READING GUIDE

SOCIAL MEDIA POSTS

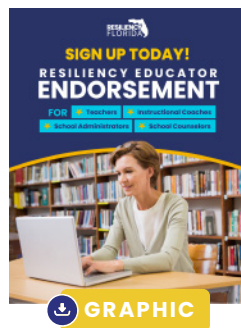
Download the graphics below to share on social media and help spread the word about the Resiliency Florida Characteristic of the Month.

SUGGESTED POST TEXT

Florida educators: Enhance your toolkit with practical strategies to help students build strength and perseverance.

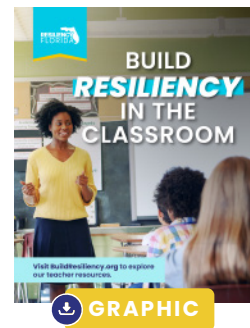
The Resiliency Educator Endorsement Course is open to teachers, coaches, admins, and counselors across all grade levels.

Get started today!
#BuildResiliency



SUGGESTED POST TEXT

Help students build skills for success—at no cost to you.
Discover free materials to bring Resiliency Education into everyday learning.
#BuildResiliency



SUGGESTED POST TEXT

Be the champion a student needs.

As a Resiliency Coach, you can help Florida students build confidence for a brighter future.

Sign up today at
BuildResiliency.org!

#BuildResiliency



SUGGESTED POST TEXT

Help students build strength for life while elevating your career.

Enroll in Florida's new Resiliency Educator Endorsement and add a first-of-its-kind credential to your Florida educator certificate.

Visit
BuildResiliency.org/endorsement
to get started!



SUGGESTED POST TEXT

Mistakes are learning opportunities in disguise. When a child is **honest** about a misstep, take a pause before responding and support them in taking ownership.

Learn more about this month's Resiliency Florida Characteristic at BuildResiliency.org.

