GRADES
6-8

RESPONSIBLE DECISION-MAKING

Parent Resource

DID YOU KNOW?

People make about 35,000 decisions **EVERY DAY!**

Responsible decision-making means thinking about all options and outcomes to make the best choice.

In grades six through eight, children begin:

- Gaining additional responsibilities at home and school.
- Spending more time with friends.
- Considering future career paths or areas of study.

DISCUSS DIFFICULT CHOICES

Discuss a time when you had to make a difficult choice.

EXAMPLE

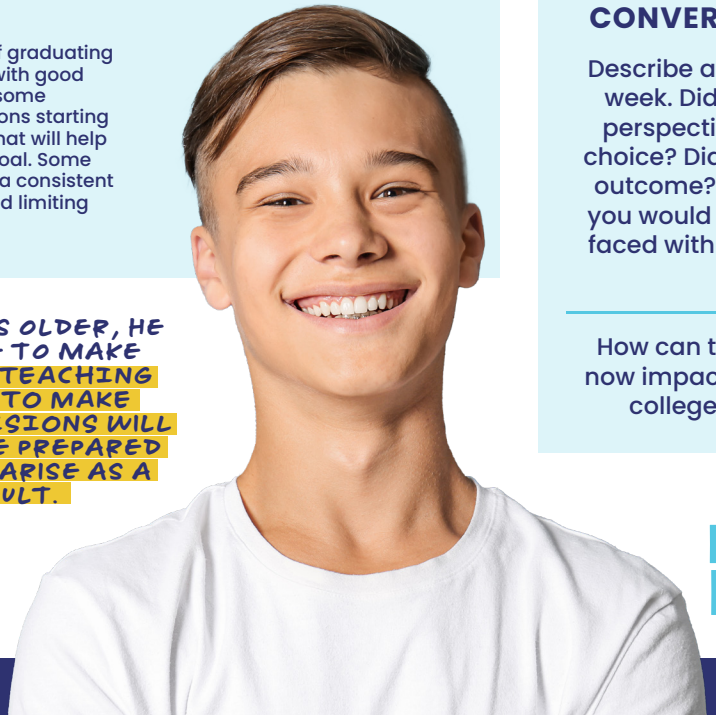
Your friend told you that you should not invite another student to the lunch table. You know this other student will have no one to sit with. You would like to be kind to the other student, but you do not want your friend to be mad.

TALK ABOUT LONG-TERM GOALS

Describe how responsible decision making impacts long-term goals.

EXAMPLE

You have a goal of graduating from high school with good grades. Consider some responsible decisions starting in middle school that will help you achieve this goal. Some examples include a consistent study schedule and limiting screen time.



AS YOUR CHILD GETS OLDER, HE OR SHE WILL HAVE TO MAKE MORE DECISIONS. TEACHING YOUR CHILD HOW TO MAKE RESPONSIBLE DECISIONS WILL HELP HIM OR HER BE PREPARED WHEN SITUATIONS ARISE AS A TEEN OR ADULT.

SKILLS TO CONSIDER PRACTICING WITH YOUR CHILD:

Demonstrate responsible decision-making that considers multiple perspectives.

Identify healthy responses to negative peer pressure.

DINNER TABLE CONVERSATION STARTERS

Describe a decision you made this week. Did you consider multiple perspectives when making your choice? Did you reach your desired outcome? Are there any changes you would make next time you are faced with similar circumstances?

How can the decisions you make now impact your future goals (e.g., college, career or military)?

RESILIENCY FLORIDA