

RESILIENCY FLORIDA

December Resiliency Toolkit

Each month, Resiliency Florida features one of the 11 key Resiliency Characteristics as the Characteristic of the Month. This month, Resiliency Florida is spotlighting **perseverance**.

This toolkit provides parents, teachers and school leaders with resources to help spark conversations about **perseverance**, encouraging growth and resilience in school and at home.

To learn about the 11 key Resiliency Characteristics, visit BuildResiliency.org.

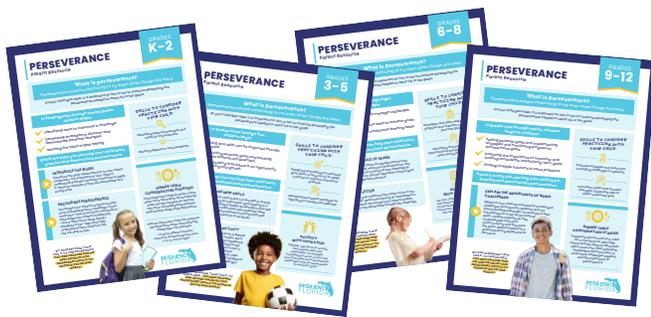


Perseverance Continuing to try even when things are hard.

MATERIALS

PARENT RESOURCES

The Parent Resources are designed for parents and children to have conversations about Resiliency at home. Download the Parent Resources for this month's characteristic, **perseverance**, by clicking the correct grade level below.



GRADES K-2

GRADES 3-5

GRADES 6-8

GRADES 9-12

TEACHER RESOURCES

Resiliency Florida's 44 new teacher resources, designed to help teach Florida's 11 Resiliency Characteristics are live! These resources are free to download, aligned with the Resiliency Education Standards and include supplemental materials. below.

GRADES K-2

GRADES 3-5

GRADES 6-8

GRADES 9-12



DECEMBER CLASSROOM POSTER



Resiliency Florida provides teachers with a printable poster that highlights **perseverance**, which can be displayed in classrooms and media centers.

POSTER

SAMPLE NEWSLETTER POSTS

School and district leaders can use the visuals and copy below to spread the word about Resiliency and the Resiliency Florida Characteristic of the Month.

SUGGESTED POST TEXT

The Resiliency Reading List features books that help start discussions about the Resiliency Characteristics with your child.

Check out the Resiliency Reading List to explore three books centered around **perseverance**. Read *The Little Engine That Could* by Watty Piper, *Narrative of the Life of Frederick* by Frederick Douglass or *A Lantern in Her Hand* by Bess Streeter Aldrich.



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SUGGESTED POST TEXT

When your child practices **perseverance** both at school and at home, he or she learns how staying determined, overcoming challenges and pushing through obstacles can lead to growth and success.

Visit BuildResiliency.org to find a variety of resources that support parents, grandparents, teachers and community leaders in teaching children about **perseverance** and other Resiliency Characteristics.



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RESILIENCY FLORIDA

December Characteristic of the Month Toolkit

FAMILY RESILIENCY READING GUIDES

The Family Resiliency Reading Guides are resources to continue discussions at home about the books located on the Resiliency Florida Reading List. Each Family Resiliency Reading Guide contains a summary of the book, literacy tips and conversation starters about **perseverance**. Use the following reading guides to start a conversation about **perseverance** with your student after reading *The Little Engine That Could* by Watty Piper, *Narrative of the Life of Frederick Douglass* by Frederick Douglass or *A Lantern in Her Hand* by Bess Streeeter Aldrich.



GRADES K-2

The Little Engine That Could
by Watty Piper

↓ **READING GUIDE**



GRADES 6-8

Narrative of the Life of Frederick Douglass
by Frederick Douglass

↓ **READING GUIDE**



GRADES 9-12

A Lantern in Her Hand
by Bess Streeeter Aldrich

↓ **READING GUIDE**

SOCIAL MEDIA POSTS

Download the graphics below to share on social media and help spread the word about the Resiliency Florida Characteristic of the Month.

SUGGESTED POST TEXT

Perseverance is the Resiliency Florida Characteristic of the Month!

Perseverance means continuing to try even when things are hard. Each small step – whether in math or reading – helps build resilience.

Visit BuildResiliency.org to learn more about perseverance!



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SUGGESTED POST TEXT

Help your students grow stronger and more resilient.

Explore the NEW Resiliency Florida Teacher Resources covering all 11 characteristics.

Find them at BuildResiliency.org.



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SUGGESTED POST TEXT

Help us build a more resilient Florida by volunteering as a Resiliency Coach! Help students build their skills to overcome challenges.

Sign up today at BuildResiliency.org.



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SUGGESTED POST TEXT

The Little Engine That Could by Watty Piper is a Pre-K text that teaches **perseverance**, one of Resiliency Florida Characteristics. After reading with your child, talk about what it means to keep trying, and show them examples from the text.

Download the Family Resiliency Reading Guide at BuildResiliency.org.

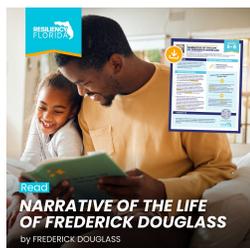


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SUGGESTED POST TEXT

This month, read the grades 6-8 text *Narrative of the Life of Frederick Douglass*. In his memoir, Douglass describes how he helped to transform the United States through **perseverance** in the face of adversity.

Download the Family Resiliency Reading Guide at BuildResiliency.org.



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