

RESILIENCY FLORIDA

April Characteristic of the Month Toolkit

Each month, Resiliency Florida features one of the 11 key Resiliency Characteristics as the Characteristic of the Month. This month, Resiliency Florida is spotlighting **mentorship**.

In this toolkit, parents, teachers and school leaders will find a variety of resources to support starting the conversation about **mentorship**, not only in school, but at home.

To learn about the other key Resiliency Characteristics, visit BuildResiliency.org.

APRIL CHARACTERISTIC OF THE MONTH



Mentorship Giving or asking for support, guidance, training or expertise.

MATERIALS

PARENT RESOURCES

The Parent Resources are designed for parents and children to have conversations about resiliency at home. Download the Parent Resources for this month's characteristic, **mentorship**, by clicking the correct grade level below.



 GRADES K-2

GRADES 3-5 

 GRADES 6-8

GRADES 9-12 

SUBSCRIBE TO THE NEWSLETTER

Parents, teachers and community leaders can subscribe to the Resiliency Florida newsletter via the button below. Arriving at the beginning of each month, the newsletter is filled with a variety of resources to support the Resiliency Florida Characteristic of the Month.

 **SUBSCRIBE**



APRIL CLASSROOM POSTER



Resiliency Florida provides teachers with a printable poster for April's Characteristic of the Month, **mentorship**, which can be displayed in classrooms and media centers.

 **POSTER**

SAMPLE NEWSLETTER POSTS

School and district leaders can use the visuals and copy below to spread the word about resiliency and the Resiliency Florida Characteristic of the Month.

SUGGESTED POST TEXT

Use the Resiliency Reading List to help start the conversation with your children about the Resiliency Characteristics.

This month's characteristic is **mentorship**! We are spotlighting the book *Rosa Parks* by Eloise Greenfield. Use this book to talk to your student about **mentorship** and why he or she could serve as a **mentor**.



 **GRAPHIC**

SUGGESTED POST TEXT

Learning how to ask for help is an important skill for children to learn as they grow older and face challenges in everyday life. Understanding and seeking **mentorship** can help children as they navigate life.

Visit BuildResiliency.org to find a variety of resources that support parents, grandparents, teachers and community leaders in teaching children about **mentorship** and the other Resiliency Characteristics.



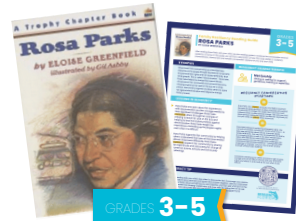
 **GRAPHIC**

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FAMILY READING GUIDES

The Family Resiliency Reading Guides are resources to continue discussions at home about the books located on the Resiliency Reading List. Each Family Resiliency Reading Guide contains a summary of the book, literacy tips and conversation starters about resiliency. Use the following reading guide to start a conversation about **mentorship** with your student after reading the book *Rosa Parks*.



Rosa Parks
by Eloise Greenfield

 **READING GUIDE**

SOCIAL MEDIA POSTS

Download the graphics below to share on social media and help spread the word about the Resiliency Florida Characteristic of the Month.

SUGGESTED POST TEXT

In April, we're focusing on the Resiliency Characteristic of **mentorship**, which means giving or asking for support, guidance, training or expertise. **Mentoring** fosters growth and builds resiliency in our students.

Download resources to help start the conversation with your kids about the importance of **mentorship**.

BuildResiliency.org

 **GRAPHIC**

SUGGESTED POST TEXT

The Resiliency Florida characteristic of the month is **mentorship**, which means giving or asking for support, guidance, training or expertise.

By guiding our students, we not only help them grow but also strengthen our own skills.

Learn more about **mentorship** here: BuildResiliency.org

 **GRAPHIC**



SUGGESTED POST TEXT

Helping your child understand the importance of **mentorship** can have positive impacts in the future.

Start the conversation about **mentorship** today.

Visit BuildResiliency.org!

 **GRAPHIC**



SUGGESTED POST TEXT

Wondering how to talk with your child about the importance of **mentorship**?

The Resiliency Florida Parent Resources are designed for parents and children to have conversations about **mentorship** at home.

Discover more at BuildResiliency.org.

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