

RESILIENCY FLORIDA

February Resiliency Toolkit



Each month, Resiliency Florida features one of the key 11 Resiliency Characteristics as the Characteristic of the Month. This month, Resiliency Florida is spotlighting **grit**.

In this toolkit, teachers, parents and school leaders will find a variety of resources to support starting the conversation about **grit**, not only in school, but at home.

To learn about the other key Resiliency Characteristics, visit BuildResiliency.org.

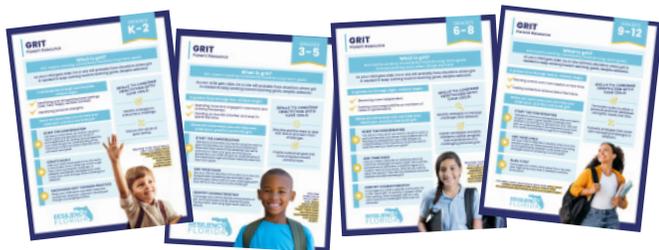
FEBRUARY CHARACTERISTIC OF THE MONTH

Grit Working consistently toward my long-term goals.

MATERIALS

PARENT RESOURCES

The parent resources are designed for parents and children to have conversations about resiliency at home. Download the parent resources for this month's characteristic, **grit**, by clicking the correct grade level below.



GRADES K-2

GRADES 3-5

GRADES 6-8

GRADES 9-12

TEACHER RESOURCES

The Resiliency Florida Teacher Resources are designed to support Resiliency Education Standards in the classroom. Explore these resources and other supplemental resources by visiting BuildResiliency.org.

GRADES K-2

GRADES 3-5

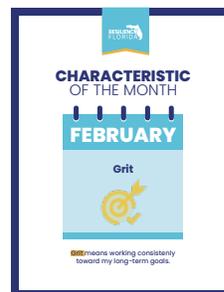
GRADES 6-8

GRADES 9-12



BuildResiliency.org

FEBRUARY CLASSROOM POSTER



Resiliency Florida provides teachers with a printable poster for February's Characteristic of the Month, **grit**, which can be displayed in classrooms and media centers.

POSTER

NEWSLETTER ASSETS

Districts and school leaders can use the visuals and copy below to spread the word about resiliency and the Resiliency Florida Characteristic of the Month.

SUGGESTED POST TEXT

Visit BuildResiliency.org to download the Family Resiliency Reading Guide for *The Twenty-One Balloons* and start meaningful conversations about resiliency with your child.

#BuildResiliency



GRAPHIC

SUGGESTED POST TEXT

February's Characteristic of the Month is **grit**, which means working consistently toward long-term goals.

Resiliency Florida has resources to help lead conversations with your child about **grit**.

Visit BuildResiliency.org to learn more! #BuildResiliency



GRAPHIC

RESILIENCY FLORIDA

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FAMILY RESILIENCY READING GUIDES

The Family Resiliency Reading Guides are resources to continue discussions at home about resiliency using books located on the Resiliency Reading List. Each Family Resiliency Reading Guide contains a summary of the book, literacy tips, and sample conversation starters about resiliency for you and your child. Use the following reading guides to start a conversation about **grit** with your child after reading *The Little Butterfly That Could* or *The Twenty-One Balloons*.



The Little Butterfly That Could
by Ross Burach

GRADES **K-2**
READING GUIDE



The Twenty-One Balloons
by William Pène du Bois

GRADES **6-8**
READING GUIDE

SOCIAL MEDIA POSTS

Download the graphics below to share on social media and help spread the word about the Resiliency Florida Characteristic of the Month.

SUGGESTED POST TEXT

The Resiliency Reading List features books that highlight the 11 Resiliency Characteristics.

Find the Family Reading Guides online at BuildResiliency.org!

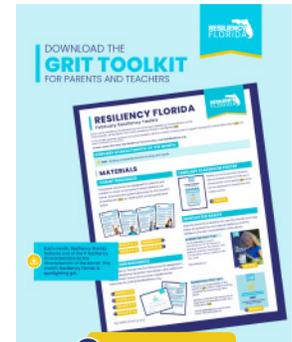


GRAPHIC

SUGGESTED POST TEXT

Looking to inspire resiliency in your students? Our February toolkit provides everything you need to engage in meaningful conversations about **grit** and spread the word about Resiliency Florida throughout your school and community.

Download it today at BuildResiliency.org!



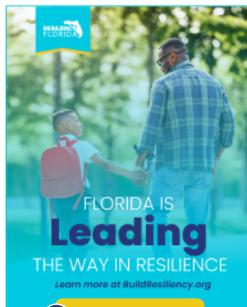
GRAPHIC

SUGGESTED POST TEXT

Florida is empowering students to build resiliency and overcome challenges.

Resiliency Florida highlights 11 characteristics that are key to overcoming any challenge.

To access additional resources, visit BuildResiliency.org.



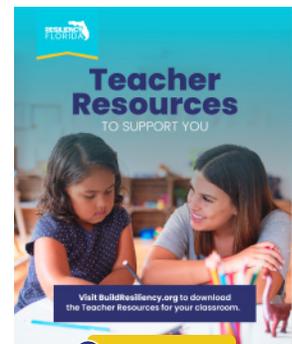
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SUGGESTED POST TEXT

Teachers, did you know Resiliency Florida has ready-to-go resources from elementary to high school?

Visit BuildResiliency.org to explore teacher resources, monthly toolkits, classroom posters and more.

#BuildResiliency



GRAPHIC

SUGGESTED POST TEXT

Build resiliency at home with Resiliency parent resources! This month, encourage your child to reflect on how practicing **grit** helps to overcome challenges.

Visit BuildResiliency.org to download the parent resources today!

#BuildResiliency



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